



FORMULATION STATEMENT
For Documenting Grains in School Meals

Mini Pancakes IW - Blueberry Blast
#43567
3.2 oz. per pouch
Case: 72ct, 14.4 lbs Net Weight

INGREDIENTS: WHOLE WHEAT FLOUR AND ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WHEY, WATER, SUGAR, BLUEBERRY BITS (SUGAR, WHEAT FLOUR, DRIED BLUEBERRIES, SUNFLOWER OIL, WHEAT STARCH, DEXTROSE, COLORED WITH ELDERBERRY JUICE CONCENTRATE, NATURAL FLAVORS AND SODIUM BICARBONATE), SOYBEAN OIL, WHOLE EGGS, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), NONFAT MILK, VANILLA EXTRACT, NATURAL FLAVOR.

Contains: WHEAT, EGGS, MILK

Nutrition Facts			
Serving Size 1 Pouch (8 pancakes) (90g)			
Amount Per Serving			
Calories 240	Calories from Fat 50		
% Daily Value*			
Total Fat 6g	9%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Cholesterol less than 5mg	0%		
Sodium 190mg	8%		
Total Carbohydrate 42g	14%		
Dietary Fiber 3g	12%		
Sugars 15g			
Protein 5g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 10%		
<small>*Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 * Carbohydrates 4 * Protein 4			

I. Meets Whole Grain Rich Criteria:

Contains: **18g** whole grain wheat flour per 3.2 oz pouch
53.7% whole grain
Whole Grain is listed first on the ingredient statement.
Contains: at least **8 grams** whole grain/oz eq. grain.

II. Non-Creditable Grains:

Contains: **1.4g** non creditable grains.

III. Total Creditable Amount:

Grams of Creditable Grains per pouch: **33.5g**
16 grams grain/oz. eq. grains
One pouch = **2.0 oz. eq. grains** based on grain content
Group C 1.2oz /oz eq. grains
One pouch mini pancakes (3.20oz or 90g) = **2.5oz eq. grains** based on Exhibit A

“Smart Snack” Compliant

One pouch of mini pancakes may be served any day on a la carte menus, as a breakfast entrée per Policy Memo SP35-2014os. One pouch contains 240 Cal, 22% calories from fat, 4% calories from saturated fat, 0 trans fat, 190 mg sodium, and 16% sugar by weight.

I attest that the above information is true and correct in accordance with the National School Lunch and Breakfast Program Regulations (published 1/26/12), the Food Buying Guide for Child Nutrition Programs and USDA grains memo SP 30-2012 issued April 26, 2012.

Dana Hill
Director of Regulatory Affairs
June 3, 2014

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